

About the Programme

The programme equips students with the knowledge, skills, and ethical grounding required to support individuals facing psychological, emotional, and social challenges. The course covers key areas such as human development, psychological assessment, therapeutic communication, mental health, crisis intervention, and various counselling approaches. It is ideal for individuals passionate about promoting mental well-being and supporting others through life's challenges.

Entry Requirements

KCSE minimum aggregate grade of C- (minus), with D-(minus) in either English or Kiswahili and D- (minus) in either Mathematics/ Business/ Humanities, or a relevant qualification.

Intake

January, May, September

Mode of Delivery

Both Physical and Online

Duration

4 Semesters

Career Opportunities

- Counselling Psychologist
- Counsellor
- Social Scientist
- Wellness Expert
- Life Coach
- Guidance and career counselor
- Rehabilitation counselor
- Mental health counselor

Apply Today



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